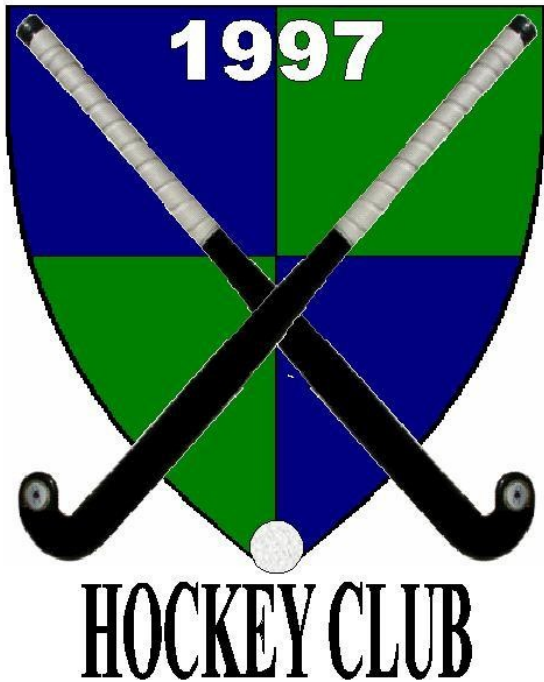


NORTH WALSHAM



Get Back Into... Hockey

Whether you want to get back into hockey, try hockey or generally become more active, 'Get Back Into...' is offering you this chance.

NWHC is offering you the opportunity to try hockey in a fun, friendly, social and non-competitive environment.

Starting Monday 22nd June

7 till 8pm

Astro pitch, Cromer High School

Followed by 5 consecutive sessions on Monday evenings, £2.50 per session

Fully qualified coaches

**All ages & abilities welcome,
male & female**



For more information please call Jo Todd on 01692 404440 / 079443 25189 or Mary Cheesman on 01692 404624 email nwhc@hotmail.co.uk or visit www.northwalshamhockey.co.uk

Get Back Into...Hockey

North Walsham Hockey Club is offering you the opportunity to try hockey in a fun, friendly, social and non-competitive environment.

Get Back Into...Hockey is for anyone who used to enjoy hockey but hasn't played for a while or would like to give it a go for the first time. A series of six one hour sessions delivered by experienced club coaches are designed to ease players in to hockey drills whilst keeping it light and having fun at the same time.

The club ran get back into last summer and many of those attending went on to become full club members and integrated into the adult teams, others enjoyed the exercise through the summer.

The sessions are open to all ages and all abilities. Sticks can be provided.

Sessions cost £2.50 and begin on Monday 22nd June, 7-8pm and will run for 6 consecutive Monday evenings on the artificial pitch at Cromer Sports Centre.

Simply turn up to one of the sessions or call Chris Isbell 01692 402891 or Jo Todd on 01692 404440 / 07500 962297, email nwhc@hotmail.co.uk or visit the club website www.northwalshamhockey.co.uk

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